

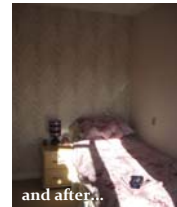


Redecoration Continues

As you may be aware we are planning a complete redecoration of our home and a meeting will be held nearer the time when work is due to start.

In the meantime however, we continue to decorate our bedrooms as and when we are able. We recently completed room 15 using a colour scheme of delicate lilacs and purple that is both fresh and relaxing.

Our newly decorated rooms are kept very neutral, with splashes of colour provided by bedding, curtains and accessories. This enables the resident who moves into the room to add their own things in their favourite colour and really make the space their own.



Dennis McDonald



Dennis has lived at Springfield Cottage for 12 months. He was born in Stoke on Trent and moved to Blackburn in 1957. Dennis and his wife, Sheila, met at a dance at the Winter Gardens, Blackpool. They have two children, Kevin and Judith, and four grandchildren of whom he is very proud.

Dennis' youngest grandchild, Sam, sadly suffered from cancer and passed away aged 17 in 2005. Dennis is very proud of everything he achieved in his short life; he had lots of friends and was a fantastic guitarist. The college where he was studying social physics and maths has since introduced a band competition with a trophy prize given in his honour.

Dennis taught wood and metalwork for 36 years before retiring. He also carried out his National Service and worked in the coal mines of North Staffordshire and Wigan. He is very interested in ancient buildings, particularly monasteries. Dennis is extremely talented and used to paint and play the piano—he has a painting displayed in his bedroom that he has done since he moved to Springfield Cottage. His hobbies now are reading, watching dramas, making things from wood and listening to an eclectic array of music on his iPod.

Trim Your Bonnets!

Time for us all to get creative!

We have decided to hold an Easter Bonnet parade and competition this year and all



our residents are encouraged to fashion their own bonnets.

There will be a prize for the winner and two runners up as well as a participation prize of a creme egg....

So, start collecting your ribbons and bows folks!

Look out for the parade photos in our next issue.

Easter Service

Canon Arthur Ranson of St Silas' Church will be here on 27th March for our annual Easter Service.

Regular Activities



*Tuesday & Thursday afternoon
Domino Club*

*Tuesday
Sing-a-long 7pm*

*Wednesday afternoon
Music & Movement*

*Wednesday
Gardening Club*

*Saturday
Physio with Raymond*

Let Us Entertain You

As Ricky Hunter, who entertained us at Christmas, was so popular we have agreed a return visit during VE week



when he will perform a 40's themed show for us. Ricky has spent a lot of time performing in America and has managed to squeeze us in before his next tour.

There will be plenty of red, white and blue decorations throughout the home to celebrate VE week and Ricky will be here on Tuesday, 7th May at 2.30pm. Please do join us at what promises to be a great event!

We have lots more lined up - details on the back page!

Tea and Scones Anyone?



We recently introduced an occasional Afternoon Tea with residents enjoying tea, coffee, cakes

and scones in the afternoon along with some relaxing musical accompaniment.

The residents really look forward to getting together like this and it is now a regular activity which is held on a different day each week.

Day Care

To provide an additional service to the community we have recently added a new Day Care facility at Springfield Cottage. Care services and activities can be tailored to meet any requirements so please call Lindsey on 01254 264704 for more information.

Respite Care

As community care needs change, there is an increased need for respite care, especially during the current holiday season. We are keen to promote the provision of respite care and have a room dedicated for this purpose.

Residents' Meeting

A Residents' Meeting was held on 7th March and was very well attended—we are always grateful for the continuing support from relatives and friends.

The meeting was very productive and the minutes are available from the office or can be emailed to you upon request.

Following the meeting we have already arranged to have more fresh fruit in the Home and are now receiving two deliveries a week of fresh fruit and vegetables.

This is the first of many ideas that are being addressed.

If there is anything you would like to suggest, or to see on the next agenda, please let our Manager, Lindsey Spencer, know.

Sajida Ali



Sajida, who is known as Sid in the home, has been with us since 2005 with only a short career break in that time. Sid originally joined us as a Care Assistant but has recently decided to become one of our two Domestic staff taking care of our home.

Sid has always been a valuable member of staff, having time for the residents and chatting with them whilst going about her duties. Sid is qualified up to NVQ Level 3 in Health and Social Care and has a wide range of knowledge of her role as both Carer and Domestic.

Sid likes to spend time having lunch with friends and shopping.

Staff Training



Staff are continuing to expand their skills and knowledge. Many have already undertaken Cultural Awareness training and all staff will be updating their Moving and Handling training this year.

New members of staff have been, or are being, inducted onto one of the new QCF Level 2 or 3 courses—equivalent to the NVQ.

Extra Services

Miscellaneous costs

Chiropody—£20.00 initial session then £10.00 thereafter

Hairdressing costs

Shampoo & Set—£7.00

Cut, Shampoo & Set—£10.00

Shampoo & Blow Dry—£7.00

Dry Cut —£7.00

Permanent Wave—£32.00

Our hairdresser visits on Wednesdays with other days by request

A full list of prices can be found on the notice board

Upcoming Events

17th March

St Patrick's Day Feast

with an Irish themed menu including Irish Stew with Colcannon and a Bailey's mousse for dessert

27th March

Easter Service—2.15pm

6th April

Grand National

we will be running a sweep for our residents with cash prizes and a donation to the Residents' Fund

9th June

Summer Fair

Please keep an eye on the notice board for any additional events!

Feedback

If you have any suggestions for improvements to the Home or the service we provide, do let us know. Please feel free to send Lindsey any articles, memoirs or photos for inclusion in future newsletters.

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