



Springfield Cottage *Newsletter*

Residential Care Home
Spring 2017
Issue 20

Refurbishment Update

Our refurbishments are progressing well throughout the home and we would like to thank our residents and staff for their continued support and understanding. Here is an example of one of our newly refurbished rooms.



We think you'll agree, it does look very inviting.



Home Safari

We were visited by one of our favourites recently - Home Safari! It was lovely to see and touch all the wonderful creatures.



Daycare

We have a lovely, homely atmosphere at Springfield Cottage but did you know we also provide a Day Care facility? This service will give you or your loved one the opportunity to socialise and take part in our regular activities whilst we will also provide any personal



care required that you may find difficult (bathing etc). If you would like to find out

more, please call our Care Home Manager, Lindsey Spencer, on 01254 264704, or email info@springfield-cottage.com

Clothes Party

We all like a bit of a pick-me-up at times. Here are some of our residents enjoying a bit of shopping at the Clothes Party we held for them.



Community Involvement

We are currently working with a local church to become more involved with them and the work that they do. This project is in its infancy at the moment and the Church Committee will meet to determine the services, activities and events they would like to hold.

Please keep an eye on our notice board for further information as it becomes available.

A Warm Welcome

Clara and Eileen recently came to live with us at Springfield Cottage.

We hope they are settling in well and enjoying being part of our community. Please join us in sending them a warm welcome.

Staff News



Our staff have taken part in lots of training lately, which included First Aid, Moving & Handling, the Mental Capacity Act and Deprivation of Liberty Safeguards along with the Safe Handling of Medication.

Rabia Khan and Amy Hyatt have now commenced their QCF Level 2 Diplomas in Health & Social Care whilst Danielle Slater and Cheryl Clarke have begun studying for their Level 3 Health & Social Care Diplomas.

Sprightly at Springfield

Exercise is essential for our health and wellbeing and we hold regular sessions for our residents.

James of Senior Fitness calls in regularly and keeps us on our toes and laughing at the same time.

We also have our regular physiotherapist, Raymond, who keeps us on the go.



Christmas Karaoke



We had a very busy festive season but one of our favourite activities was the Christmas Karaoke!

Forthcoming Fair

We are in the process of arranging a Spring/Summer fair and would like to ask for donations for bric-a-brac items and raffles prizes—all proceeds from the fair will go to the Resident's Fund.

Regular Activities

Monday

One to one sessions, shopping, movie night, flower arranging
(first Monday of each month)

Tuesday

Board games, card games, afternoon tea

Wednesday

Arts & Crafts, Hairdresser, Music

Thursday

Pampering, Chair Exercises

Friday

Walking, Dominoes, Television

Saturday

Board Games, Reminiscence, Word Games

Sunday

Family Gatherings, Relaxing

Please keep an eye on the notice board for details of additional activities, trips etc.

Happy Birthday



Many congratulations to Mary who celebrated her 96th birthday early in March.

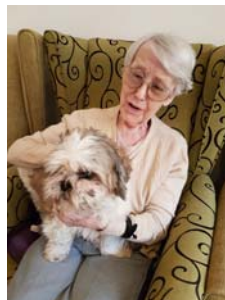
Pets As Therapy



We love animals at Springfield – they bring a smile and gentleness into our lives.

Here is Jake who was a big cuddly giant. We can't wait to see him again soon.

Furry Friends



Here is Amy with Susie, another of our regular furry visitors — she just loves to cuddle!

Respite Care

As community care needs change we are seeing an increased need for respite care. We are keen to promote this provision and have a room dedicated for this purpose so please don't hesitate to contact Lindsey, our Care Home Manager, on 01254 264704.

Extra Services

Chiropody

£20.00 initial session then £13.00—£15.00 dependent on treatment

Hairdressing

Cut/Restyle, Shampoo & Set—£12.00

Shampoo & Set—£8.00 Cut, Shampoo & Set—£10.00

Shampoo & Blow Dry—£8.00 Dry Cut—£8.00

Permanent Wave—£35.00

*Our hairdressers visit on Mondays & Wednesdays with other days by request
A full list of prices can be found on the notice board*

Upcoming Events

3rd April

Flower Arranging

5th April

Pub Quiz

12th April

Cake Making

14th April

Easter Themed Arts & Crafts

17th April

Easter Bonnet Parade

23rd April

St George's Day Celebrations

4th May

Pizza Making

16th May

Movie Night

24th May

Trip to Bygone Times

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