



Halloween



Our staff worked hard decorating for Halloween and we were all excited for something spooky at Springfield....our residents got into the Halloween spirit and were also



introduced to the fun that can be had with Snapchat at the same time... who do you think was scariest!



Our Halloween Party was a really creepy affair and lots of relatives joined in the fun. The residents all had bowls of sweets to hand (with a few Brussels sprouts thrown in for tricks!) to give to all the children who came to the party and tricked and treated whilst they were here. We even had a real live snake, James, who will grow to about 5 feet in length.

Book Exchange



We have recently launched the Springfield Cottage "Book Exchange" and welcome you

to either bring a book and exchange it for one on the shelf or, make a donation to the Resident's Fund in return for a book (please pass your donation to a member of staff).

The Resident's fund is used to run trips and special activities as requested by our residents at our regular resident's meetings.

Pub Quiz



Our residents showed us their general knowledge skills in a pub quiz held on

17th November.

The scores were high for all teams and it was very close but The Dolly Pegs



just managed to take the lead. Well done Dolly Pegs!

Adult Colouring

Adult colouring is becoming very popular these days. It's a great way to relax and a welcome stress-reliever. Here are some of our residents expressing their creative selves.



Welcome To Our Team

We would like to welcome back Hayley Devy who returns after a five year sabbatical. She said that it feels like she is home.

Also, Rabia Khan has joined us as a night carer. She is new to adult social care but has already shown that she is kind, compassionate and eager to learn. Please join us in offering her a big warm Springfield Cottage welcome.

Day Care

To provide an additional service to the community we have a Day Care facility at Springfield Cottage. Care services and activities can be tailored to meet any requirements so please call Lindsey on 01254 264704 for more details.

A Warming Recipe



This is resident, Jean Tabor. As the weather is becoming colder, she wanted to share this very tasty recipe for an 'easy vegetable soup' to encourage you to have warm meals over the winter months...

Ingredients

- 1 x Chopped onion
- 1 x Stick of chopped celery
- 1/2 a Leek chopped
- 1 x Medium potato diced
- 1 x Vegetable stock cube
- 1 x tsp mixed herbs
- A squeeze of tomato puree
- A small amount oil
- A good pinch of salt

Method

- 1) Put all the ingredients into a pan and pour enough water to cover the ingredients.
- 2) Bring to boil and then turn down the heat so the soup cooks gently. Allow to cook for half an hour.
- 3) With a fork, poke some of the vegetables to make sure they are cooked. Season with salt and pepper and serve.

Flower Arranging

We love to keep things bright and cheerful at Springfield.



Here are Alice and Audrey arranging some flowers to go around the home.

Regular Activities

Monday

One to one sessions, shopping, movie night, flower arranging
(first Monday of each month)

Tuesday

Board games, card games, afternoon tea

Wednesday

Arts & Crafts, Hairdresser, Music

Thursday

Pampering, Chair Exercises

Friday

Walking, Dominoes, Television

Saturday

Board Games, Reminiscence, Word Games

Sunday

Family Gatherings, Relaxing

Please keep an eye on the notice board for details of additional activities, trips etc.

The Springfield Salon

Our residents are really pleased to have their very own in-house salon at Springfield.

It's professionally fitted out and caters for all their hair and beauty needs.



Volunteer Request

We are looking for a volunteer who has a passion for activities and who would be able to offer a couple of hours a day for 4-5 days a week—this could be split between two people to cover 7 days if possible.

If you or anyone you know would be interested, please contact Lindsey or Suzanne in the office.

Respite Care

As community care needs change we are seeing an increased need for respite care. We are keen to promote this provision and have a room dedicated for this purpose so please don't hesitate to contact Lindsey, our Care Home Manager, on 01254 264704.

Extra Services

Chiropody

£20.00 initial session then £13.00—£15.00 dependent on treatment

Hairdressing

Cut/Restyle, Shampoo & Set—£12.00

Shampoo & Set—£8.00 Cut, Shampoo & Set—£10.00

Shampoo & Blow Dry—£8.00 Dry Cut—£8.00

Permanent Wave—£35.00

*Our hairdressers visit on Mondays & Wednesdays with other days by request
A full list of prices can be found on the notice board*

Upcoming Events

12th December—2pm

Home Safari Visit

with new animals, including an Owl

13th December—2pm

Esther Martin Clothes Show

15th December—2pm

Residents' & Families' Meeting

16th December—1.15pm

Aladdin Pantomime at Darwen Library Theatre

20th December—2pm

Christmas Party

22nd December—10.30am

Trip to St Mary's College Christmas Concert

25th December

Christmas Day

Families are welcome to join us for turkey and tinsel—we are sure that Santa will be making his overnight visit to leave gifts for all under our trees.

31st December

New Year Buffet Supper

Springfield Cottage Residential Care Home

Preston New Road, Blackburn, BB2 6PS

Tel: 01254 264704 Fax: 01254 692137

Email: info@springfield-cottage.com Web: www.springfield-cottage.com