



Springfield Cottage

Residential Care Home

Newsletter

Autumn 2016

Issue 18

One to One Time

Our staff continue to spend as much time as possible chatting with residents on a one-to-one basis, helping them to continue with hobbies and interests and generally just laugh together.



Staff are here to support everyone with the social aspects of their care, so please do talk

to them about things you would like to see happening both inside and outside of our home.



Gardening Club

Our Gardening Club members have worked hard this year to improve our raised beds and we all appreciate the results.

Here you can see Alan enjoying a glass of juice and a rest from his toils!



Cocktail Afternoon

We recently enjoyed a Cocktail Afternoon where our residents were able to sample some 'mocktails'. As you can see, this was enjoyed by everyone who came along and was a wonderfully social atmosphere.



Barbecue on the Patio

At the end of June our residents, staff and family and friends all got together to enjoy a barbecue on the patio. The weather was very kind to us and we'd like to thank everyone who worked so hard to ensure we all had a fantastic time.



Residents' Meeting

The meeting discussed at length places to visit and also some new ideas for regular activities. Our residents have asked that the Pub Quiz becomes a monthly event and it was suggested that we have more weekly clubs such as knitting and reminiscence—look out for a display our residents will be putting together for our Home. We've also planned a Great Springfield Bake Off and we're looking forward to some tasty treats.

The meeting was very productive and minutes are available from the office.

Day Care

To provide an additional service to the community we have a Day Care facility at Springfield Cottage. Care services and activities can be tailored to meet any requirements so please call Lindsey on 01254 264704 for more details.

Forward Planning

We are currently putting together our annual activity plan for next year and are researching new places to visit. We would welcome your suggestions so please pop along to the office with your ideas or speak to a member of staff.

Also, don't forget we will be holding a **Residents' Meeting** on Thursday, 15th December at 2pm and we encourage all residents and family to attend.

Welcome to Our Team

We are very pleased to welcome three new members of our team. Danielle Slater (Dani) and Kayleigh Ragnall are joining us as night care assistants and Philippa (Pippa) Firth is our newest bank carer who is also training to be a bank senior.

They're busy getting to know our residents and are settling in really well.

The 'Springys'



This is our team building, annual alternative to the Oscars, where our staff received fun, but work related, awards. Some of the winners were:

Wise Guy Award—for most puns made at work (Emma Bloomfield)

Gymnast Award—flexibility with shift cover (Lindsey Duxbury)

Wonka Award—for continuous supply of sweets/snacks (Salma Khan)

Dot Cotton Award—for services to laundry (Mandy Marsden)

Usain Bolt Award—for lightening speed (Linda Watson)

Kim & Aggy Award—for outstanding domestic duties (Sid Ali)

Regular Activities

Monday

One to one sessions, shopping, movie night, flower arranging
(first Monday of each month)

Tuesday

Board games, card games, afternoon tea

Wednesday

Arts & Crafts, Hairdresser, Music

Thursday

Pampering, Chair Exercises

Friday

Walking, Dominoes, Television

Saturday

Board Games, Reminiscence, Word Games

Sunday

Family Gatherings, Relaxing

Please keep an eye on the notice board for details of additional activities, trips etc.

Dale Meeks

Back by popular demand, Dale Meeks returned to Springfield Cottage to entertain our residents again.



Everyone loved singing along with classics from the crooners of yesteryear and we are looking forward to his next visit.

Respite Care

As community care needs change we are seeing an increased need for respite care. We are keen to promote this provision and have a room dedicated for this purpose so please don't hesitate to contact Lindsey, our Care Home Manager, on 01254 264704.

Extra Services

Chiropody

£20.00 initial session then £13.00—£15.00 dependent on treatment

Hairdressing

Cut/Restyle, Shampoo & Set—£12.00

Shampoo & Set—£8.00 Cut, Shampoo & Set—£10.00

Shampoo & Blow Dry—£8.00 Dry Cut—£8.00

Permanent Wave—£35.00

*Our hairdressers visit on Mondays and Wednesdays with other days
by request*

A full list of prices can be found on the notice board

Upcoming Events

21st September

Games Afternoon

5th October—6pm

Film Evening

19th October—2pm

Pub Quiz

31st October—3pm

Halloween Party

5th November—4pm

Bonfire Party

16th November—2pm

Pub Quiz

13th December—2pm

Esther Martin Clothes Show

15th December—2pm

Residents' Meeting

21st December—2pm

Christmas Party

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