



Springfield Cottage **Newsletter**

Residential Care Home **Autumn 2014**
Issue 10

Daily Entertainment

To expand our range of activities we have now put out a selection of games and crafts every afternoon on each of the six tables in the dining room. This enables our residents to help themselves every day and staff will be on hand to help those who need it.

The activities include favourites such as dominoes, playing cards, jigsaws, scrabble and other board games as well as ceramic painting and other arts and crafts.

We continue to have our regular exercise classes which include Ray the Physiotherapist who comes in each week and monthly visits from Superstars and Oomph to encourage our residents to keep mobile.

Sue Moretta is one of our regular entertainers at Springfield. She is very popular with our residents and can be seen here serenading Jim Aspden. She sings a variety of songs both old and new and we all look forward to her visits.



You may have seen our new notice board with details of upcoming events and if there is an activity or event you would like included in our list, please let either Lindsey or Suzanne know.

The Springfield Salon

We are pleased to announce that after much anticipation, our new salon is now up and running. The residents are really enjoying having their hair done and have commented that it is like having a trip out to the hairdressers.

If you have a suggestion for a service you would like to see provided in the salon, please do let us know and we will do our best to arrange it.



We All Join In!



Singer, Rachel Toner recently visited and was enjoyed by all. She persuaded our Manager, Lindsey, to sing a couple of songs and the residents really enjoyed this personal touch.

Vera Harwood

Vera only joined us at Springfield recently but she has really become part of our family.

She has two sons, Mark and Philip, who visit her regularly and they have also become part of the extended Springfield family.

Vera can be found around the home chatting to others and playing dominoes in the afternoons with her friends, Elsie and Eva. Vera has challenged staff at dominoes and usually wins every time!

In her youth Vera was a keen golfer and loves to watch the game when it's on the television.



Birthday Celebrations



Eva Burdekin recently celebrated her 90th birthday. She had a wonderful day with family and friends and later enjoyed a buffet tea with the other residents.

Day Care

To provide an additional service to the community we have recently added a new Day Care facility at Springfield Cottage. Care services and activities can be tailored to meet any requirements so please call Lindsey on 01254 264704 for more information.

Respite Care

As community care needs change we are seeing an increased need for respite care, especially during the holiday seasons. We are keen to promote the provision of respite care and have a room dedicated for this purpose so please don't hesitate to contact Lindsey, our Care Home Manager, on 01254 264704.

Feedback

If you have any suggestions for improvements to the Home or the service we provide, do let us know. Please feel free to send Lindsey any articles, memoirs or photos for inclusion in future newsletters.

Chris Goodon

We are very pleased to welcome Chris back to our staff team.

Whilst he was away Chris became a father to a little boy called Jake and although he has enjoyed spending



time with his son, Chris said he is really pleased to be back as he's been missing us!

Regular Activities

Monday

**One to one sessions,
shopping, movie night**

Tuesday

**Board games, card games,
afternoon tea**

Wednesday

**Arts & Crafts, Hairdresser,
Music**

Thursday

**Pampering, Chair Exercises,
Radio**

Friday

**Walking, Dominoes,
Television**

Saturday

**Board Games, Reminiscence,
Word Games**

Sunday

Family Gatherings, Relaxing

Ice Bucket Challenge

Staff member, Nazma Taj did an ice bucket water challenge to help raise awareness of the charity ALS.

She was helped by resident, Phyllis Riding, who commented that she had not had such a giggle for a long time. Nazma was watched by other staff and residents who enjoyed it very much.

Well done also to the managers and other staff members who took part in this event.

Coffee Morning

Thank you to everyone who supported our recent coffee morning in aid of our Resident's Fund.

We would especially like to thank Arthur Cort who unfortunately was unable to join us but sent a generous donation anyway.

Everyone enjoyed themselves and the cakes were wonderful!



Staff News

We wish all the best to Anne-Marie Livesey in her new job. She is now working in the community but will remain on as bank staff and will be popping in to see us from time to time.

Also congratulations to Salma Khan who is expecting her first baby in March. We wish her well and are very excited for her.

Extra Services

Miscellaneous costs

Chiropody—£20.00 initial session then £10.00 thereafter

Hairdressing costs

Shampoo & Set—£7.00

Cut, Shampoo & Set—£10.00

Shampoo & Blow Dry—£7.00

Dry Cut —£7.00

Permanent Wave—£32.00

Our hairdresser visits on Wednesdays with other days by request

A full list of prices can be found on the notice board

Upcoming Events

By Gone Days Trip

15th October 2014

Halloween Party

31st October 2014

Music with Norman

4th November 2014

Bonfire Party

5th November 2014

Christmas Party

19th December 2014

Please keep an eye on the notice board for any additional events!

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